

## Regulations for the European Rowing Ergometer Championships

### Regulation 1 – Application and Eligibility

1. These rules apply to the European Rowing Ergometer Championship organized by an organizing committee designated by the national rowing federation and selected by the European Rowing Management Board (ERMB) in cooperation with Concept 2.
2. All athletes must be recognized by their national federation and have the nationality of the national federation that entered them in accordance with FISA Rule 16.

### Regulation 2 – Assignment of Responsibility

1. Responsibility for the administrative and sporting management of the event rests with the organizing committee under the guidance of the ERMB.
2. The jury shall consist of at least:
  - two Umpires with FISA International Umpiring Licence
  - The necessary number of race controllers.

### Regulation 3 – Competition Rules

- a. Rowing machines must be approved by the ERMB and be of the same brand and design. The competitors will be assigned to the rowing machines by random draw.
- b. The distance rowed in the European Championship races will be 2000 metres..
- c. European Ergometer Rowing Championship Races will be held in individual events in the following categories:

Women Open	Men Open
Lightweight Women	Lightweight Men
ASWomen	AS Men
TA Women	TA Men
LTA Women	LTA Men

- d. Weight limits are 75 kg for lightweight men and 61,5 kg for lightweight women. Weighing takes place on the day of the race not less than one hour and not more than two hours before the scheduled starting time.
- e. There are no restrictions concerning the number of entries per nation.
- f. A performance monitor approved by the ERMB is used for time-keeping.
- g. Machine breakdown: Even in case of machine breakdown there is no re-row.
- h. The umpires are responsible for observing that the competition is rowed according to the rules and that no external cause can favour or hamper a rower.
- i. The umpires check if all participants and race controllers are in their places at least 2 minutes before a race, and that the timing system and performance monitors are correctly set. A yellow card is given to a competitor who is late at the start or for a false start. If a second yellow card is given to the same rower in the same race that rower shall be excluded.
- j. Start is given by the use of the electronic start with variable intervals on the approved performance monitor.
- k. A protest against the conduct of a race must be submitted in writing to an umpire no later than one hour after the race and must be accompanied by a deposit of EUR 50, which amount shall be refunded if the protest is allowed. The decision body (Board) consists of one International Umpire , one technical advisor appointed by the ERMB for this purpose and one member of the ERMB.
- l. Decisions of this Board under this rule are final.

#### **Regulation 4 – INVITATION – ENTRY – LIST OF RESULTS**

- 1 The invitation shall contain:
  - a. Place and date.
  - b. Classification and distance.
  - c. Amount of the entry fee per person.
  - d. Date of Event and the deadline for entries.
  - e. Contact details for entries and of the Organising Committee.
  - f. Information about accommodation, catering etc.
2. Entries
  - a. Entries to the European Ergometer Rowing Championships must be received by the Organising Committee before the deadline.
  - b. Participants who are not members of a rowing club within the national rowing federation must present their correct names, addresses and phone numbers shown on the front of their entry forms. This must be confirmed before the start by showing valid proof of identity
  - c. Entries are made in writing on the forms circulated by the organisers. Entry fees no later than on the day of the event.

- d. Electronic entries are permitted and are confirmed when payment is made as required above.
3. Start lists:  
Start lists must state the weight of each rower and the start times for the various races.
4. Results  
Results are published at the latest on the day after the competition, via the internet or a home page.

#### **Regulation 5 - Other Aspects**

1. Anti-Doping control will be carried out in accordance with the FISA Rules of Racing.
2. The medals will have the logo of the European Rowing Ergometer Championships.
3. Negotiations concerning a possible TV or radio broadcast in connection with European Rowing Ergometer Championship shall be conducted in close cooperation between the Organising Committee, FISA and the TV or radio corporation concerned.

#### **Regulation 6 – Exceptional Circumstances**

In any cases not covered by these rules then the FISA Statutes and the Rules of Racing will apply. The ERMB may in exceptional circumstances grant exceptions from the present rules.

### **Bye-Laws for the European Rowing Ergometer Championship**

#### **The competition area:**

- a. The competition should be held in a sports arena or a similar venue with room for spectators. Ventilation should be good. Athletes facilities should include changing rooms, showers, toilets and catering facilities. The warming up area with ergometers should not be in the same room as the competition.
- b. A doctor/medical personnel qualified at least to give first aid must be present throughout the whole competition. These must be able in the event to give advice in the competition area.
- c. Ergometers should be new, of the same make, model and quality, and uniformly calibrated. Each machine must be fitted with a performance monitor so that the rower can follow his/her own performance. A TV monitor for every second machine should display graphics showing the rowers' relative positions. There should also be a large screen video board for all competitors. There should be a big screen for the spectators.
- d. A zone of at least two metres should be established between and around the machines. Only the rowers, their coaches, and other officials shall be allowed within the zone.
- e. In the event of a technical breakdown, the second must promptly inform the umpire.

- f. The rower is free to adjust the machine (drag factor etc.). It must however be ready 2 minutes before the start. During the race, no coach/second or anyone other than the rower may adjust the machine.
- g. The athletes weighing area must be clearly indicated, and weighing must take place on approved and calibrated scales.

**Invitation:**

- a. The entry form must contain spaces for information on the rower's membership of the national federation, a club/organization in that country and which class he or she is participating in.
- b. If an entry arrives after the entry deadline, or the entry fee has not been paid by the morning of the event, the rower will not be allowed to start.
- c. The invitation must state that every participant is in good health, is responsible for his/her own health insurance and agrees to the terms for participation in the competition.